

Waffle, cheese and berry stack



- 2 whole grain frozen waffle-
- 1 cup cottage cheese, low fat-
- 1 cup fruit (blueberries, strawberries, orange, peaches, etc.)-

Toast waffles, layer with half the cottage cheese and then top each stack with half the fruit. Serves 2.

Rating: ☆☆☆☆☆

Notes: